

Empty Bowl Zendo

'Swaying Branches, Rustling Leaves'

A day of meditation for Christians and those interested in the Spirit of Zen directed by Fr Gordon Williams (Roshi)

Saturday 26th September 2015 10.30am –3pm

Our Lady of Pity Catholic Church Hall.

Entrance access at rear of the Church.

Please bring your own packed lunch (vegetarian) Tea & Coffee provided.

There is no charge, but voluntary donations gratefully received

No need to book, just come along.

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