



# OUR LADY OF PITY

## **The Catholic Parish of Swaffham & Watton**

Registered Charity 278742

Parish Priest: **Fr Gordon Williams,**

Deacon: **Rev Roger Sparks (Rtd)**

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### 1ST SUNDAY IN LENT - YEAR C - 10TH MARCH 2019

#### CAFOD FAST DAY

##### Family Fast Day

##### Friday 15th March

**CAFOD's Family Fast Day** this Lent is an opportunity to support our brothers and sisters around the world. Drought, floods and storms are having a devastating impact on our global family. Like **Mahinur from Bangladesh**. She makes a living from fishing, but a drought last year killed all the fish, and she's struggling to support her disabled husband and son.

**On Friday 15th March**, can you eat a simple meal in solidarity and give what you can to help people like **Mahinur**?

Please collect your **Fast Day envelope** and give whatever you can. Thank you

#### LENT REFLECTIONS AND FRUGAL LUNCHES

*Glimpses Of God, Hope For Tomorrow's World*

**March 14th** Baptists leading **7:00** Methodist Church

**March 15th** Frugal Lunch Baptist Church Room **12:00**

*Full timetables are available at the back of the church.*

#### LENT AND EASTER DATES

##### Stations of the Cross

**Wednesdays 6:30pm, starting 13th March**

**Fridays 3:00pm, starting 15th March**

**Palm Sunday**, 14th April (*Usual Mass times*)

**Chrism Mass, Cathedral**, Tuesday 16th April, 7:00 pm

**Maundy Thursday**, 18th April, 7:30 pm

**Good Friday**, 19th April, 3:00pm

**Holy Saturday**, 20th April, 8:00pm

**Easter Sunday**, 21st April, 8:30am & 10:30am

(*No Mass at Watton*)

*Easter timetables are available to take away at the back of the church.*

#### WATTON CHURCHES TOGETHER

##### LENT PROGRAMME 2019

**14th, 21st & 28th March. 4th & 11th April**

Thursday mornings, 10am to 11.30am

Coffee & Tea from 9.30am

The theme for the programme is  
**'Talking of God Together'**

#### YAMAMOTO - THE WAY OF THE MOUNTAIN PATH

*A half day of peaceful Zen sitting in the spirit of the  
Mystics and Zen Masters.*

*Directed by Fr Gordon (Roshi)*  
Parish Room

**Saturday 23rd March 2019**  
**10:30am-1;30pm**

#### LENTEN STATION MASS

**King's Lynn Deanery**

**Holy Family Church**

*Field Lane, Gaywood, King's Lynn. PE30 4AY*

**Thursday March 28th**

The Lenten Station Mass will begin at

**6:00pm**, exposition with confessions

**7:00pm**, Mass (of the day)

**8:00pm**, refreshments

**1st Week of Lent - Year C**

**Mass Schedule**   Sundays: Cycle C   Weekdays: Year I   Psalter Week 1

	<b>Key: W - Watton</b>	<b>OLP - Our Lady of Pity</b>	<b>Cv - Convent</b>	<b>Sch - School</b>
<b>Sat 9th March</b>	W (Vigil Mass)	<b>5:00 pm</b>	Kate Neal + PT	
<b>Sun 10th March</b>	OLP	<b>8:30 am</b>	Jennifer Silk-Russell + DM	
<b>Sun 10th March</b>	OLP	<b>10:30 am</b>	Joseph Orssi + MP	
<b>Mon 11th March</b>	Cv	<b>12:00 pm</b>	Lent Feria	
<b>Tues 12th March</b>	Cv	<b>6:00 pm</b>	Lent Feria	
<b>Wed 13th March</b>	OLP	<b>9:15 am</b>	Lent Feria	Renée Thomas + PT
<b>Thurs 14th March</b>	Cv	<b>8:45 am</b>	Lent Feria	
<b>Fri 15th March</b>	OLP	<b>9:15 am</b>	Lent Feria	<b>Lent Fast Day</b>
<b>Sat 16th March</b>	OLP	<b>9:15 am</b>	Lent Feria	The Rev Peter Henry Joseph Knott SJ + HB
"	"	<b>9:45 am-10:15 am</b>	Exposition & Benediction followed by Reconciliation	

**Sunday Readings**

<b>Entrance Antiphon</b>	<i>When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.</i>
<b>1st Reading:</b>	<i>Deuteronomy 26:4-10</i>
<b>Responsorial Psalm:</b>	<i>Be with me, O Lord, in my distress.</i>
<b>2nd Reading:</b>	<i>Romans 10:8-13</i>
<b>Gospel Acclamation:</b>	<i>Praise to you, O Christ, king of eternal glory! Man does not live by bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!</i>
<b>Gospel:</b>	<i>Luke 6:4:1-13</i>
<b>Communion Antiphon:</b>	<i>One does not live by bread alone, but by every word that comes forth from the mouth of God.</i>

**Parish Prayers For The Sick**

Rita & Vic Head, Sarah Meehan, Joan Walker, Kim Wright, Margaret Maxey, Cath Hole,  
Theresa Axham, Norah Reeve, Katherine Oliver, Mary Harding, Charles Burgess,  
Carol Pointer, Helen Philips, Edward Hodnett, Jack Izzo, Peggy Ellis, Davida MacDonald, Christine Dryden

**We pray for the faithful departed whose anniversaries occur around this time**

Frederick O'Connell, Albert Kinsey, Clare Cook, Peggy Hughes, Elizabeth McKay, Eileen Brady, Edwin Wall, Elsie Howell,  
Patrick Bowler, John Guiry, Elfrieda Heath, Dorothy Earl, Mary Parkin, William Bond

**May they Rest in Peace.**

**16th & 17th March - 2nd Week of Lent Year C**

**WATTON 5:00**

**Reader:** Terri Charman   **Ministers:** Brian Harris & Stephen Silvester

**SWAFFHAM 8:30**

**Welcomers:** Frances Sparks & Joanna Navarre   **Reader:** Christopher Madge   **Ministers:** Chris Smith & Sister Michaela

**SWAFFHAM 10:30**

**Welcomers:** Michael & Philomena Lavender   **Reader:** Brian Moran   **Ministers:** George & Sandra Stone

**Children's Liturgy:** Mary & Tom Bedingfeld   **Coffee:** George & Sandra Stone

**Flowers:** *No Flowers in Lent*   **Counters:** (Monday 18th March) Sandra Stone & Chris Smith

**Collection**

Watton: £167.06   Swaffham: £313.50   SO: £111.00   Total: £592.16

*The Parish Office is closed on Mondays. For any really urgent matters please contact **Deacon Roger** on **01760 724113** and leave a message if appropriate, or email: [rsparksswaffham@aol.com](mailto:rsparksswaffham@aol.com)*

*For Parish Room enquiries, please contact **Anne Dryden** on **01760 723510***

*Any items for the newsletter, please let **Glenda Boulter** know by 6:00pm Wednesday. Thank you.*

**01328 838736**   email: [gboulter@btinternet.com](mailto:gboulter@btinternet.com)

**Sacred Heart School**

*Independent Co-educational 3-16 years  
Girls Boarding 8-16 years*

*Outstanding GCSE Results*

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01760 724577 (Convent)*

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